

Specialist Support

donum vitae Wildeshausen e.V.

Pregnancy counselling and provider of required pre-abortion counselling

0 44 31/7 32 20

wildeshausen@donumvitae.org

www.donumvitae-wildeshausen.de

pro familia Oldenburg

Sex and pregnancy counseling

0 44 1/8 80 95

oldenburg@profamilia.de

www.profamilia.de/oldenburg

Medical Service for Children and Teens (Paediatrics)

Oldenburg District Health Department

0 44 31/85 510

gesundheitsamt@oldenburg-kreis.de

Familienhebammen

Advice and care during pregnancy and baby's first year

0 44 31/85 518

familienhebammen@oldenburg-kreis.de

WEISSER RING

Aid for victims of crime

0 44 1/36 16 42 72

petra.klein@ewetel.net

https://oldenburg-

niedersachsen.weisser-ring.de

Oldenburg Victims' Aid Office, Stiftung Opferhilfe Niedersachsen

Advice and support for victims of crime and their families

0 44 1 / 969 712 – 10 (other extensions: – 11, – 12, – 13)

poststelleoldenburg@opferhilfe.niedersachsen.de

www.opferhilfe.niedersachsen.de

Specialist Support

Netzwerk ProBeweis

MHH Institute of Forensic Medicine

Oldenburg Independent evidence collection for victims of domestic and/or sexual violence

0176 / 15 32 45 72

probeweis-ol@mh-hannover.de

Projekt Kinderschutz

Institute of Forensic Medicine

Oldenburg Diagnostic support for doctors addressing suspected cases of child abuse and maltreatment

0 176 / 15 32 45 72

rechtsmedizin.kinderschutz@mh-

hannover.de

Published by:

The Domestic Violence Task Force, Oldenburg District, Equal Opportunities Officer
Britta Hauth
Delmenhorster Str. 6
27793 Wildeshausen
04431 / 85 620
gleichstellungsbeauftragte
@oldenburg-kreis.de
www.oldenburg-kreis.de

Help in case of violence



Overview of advice centres:



photocase Gemmi



Violence? What can you do?

Do you feel threatened, are you in a threatening situation, or have you experienced violence?

Do you suspect that there are people you know or in your neighbourhood who have been victims of violence?

What can you do if you experience or suspect physical, psychological, or sexual violence against children and adults?

The specialist offices in the district of Oldenburg listed in this flyer offer

- free and
- confidential
- advice and support

They are listed here according to

- **Emergencies 24/7**
- **Specialist Support**

Call or pass on the flyer with the phone numbers to those who might need it or their families. Because

**Everyone has the right to
life without violence!**

Emergencies 24/7

Aufwind Women's and Girls' Hotline

First contact to clarify the situation, crisis intervention, referrals

0 44 31 / 7 38 08 20

aufwind@oldenburg-kreis.de

www.oldenburg-kreis.de/aufwind

BISS

Advice and Intervention Office

Violence between partners, domestic violence

0 44 31 / 7 38 08 10

biss@oldenburg-kreis.de

www.oldenburg-kreis.de/biss

Women's and Children's Shelter

Protection and advice if you have experienced violence

0 44 31 / 73 80 80

frauenhaus@oldenburg-kreis.de

www.oldenburg-kreis.de/frauenhaus

Oldenburg District Youth Services

Child welfare, support raising children

0 44 31 / 85 257

jugendamt@oldenburg-kreis.de

HELPLINE

VIOLENCE AGAINST WOMEN

08000 116 016

www.hilfetelefon.de

Police

Acute danger, law enforcement

0 44 31 / 94 10 or call 110

poststelle@pk-wildeshausen.polizei.niedersachsen.de

www.onlinewache.polizei.niedersachsen.de

Specialist Support

Wildwasser Oldenburg, Advice centre for victims of sexual violence Advice in person or by telephone, mobile and online counselling

0 44 1 / 1 66 56

www.wildwasser-oldenburg.de

Psychological counselling centre

for children, teens, and adults

0 44 31 / 9 20 47

pb-wildeshausen@delmenhorst.de

Kinderschutz-Zentrum Oldenburg

Advice on neglect, abuse, and sexual violence against children

0 44 1 / 1 77 88

info@kinderschutz-ol.de

www.kinderschutz-ol.de

Diakonie Addiction Help

Addiction and drugs counselling, addiction treatment, prevention

0 44 31 / 29 64

fs-sucht-lkol@diakonie-ol.de

www.suchtberatung-landkreis-oldenburg.de

Oldenburg Intervention Projekt (OLip)

Information, advice, and training for addressing violence in homes and between partners

0 44 1 / 36 11 08 51 and 0 44 1 / 2 72 93

info@konfliktschlichtung.de

www.konfliktschlichtung.de